



Year 7 -13 PSHE Curriculum map

Living in the wider world	Relationships and Sex	Health and Wellbeing
Year 7 Autumn	Year 7 Spring 1	Year 7 Summer 1
Introduction to Secondary School PSHE Introduction Aspiration +Self Esteem lessons Being a Resilient student Online Safety Introduction lessons Introduction to Budgeting, Saving +Finance Racism and Stereotypes introduction Family, Marriage + Civil Partnership lesson +	Family, Marriage + Civil Partnership lesson + workbook Positive Friendships Introduction lesson Love, Positive + Safe Relationships Bullying Online +Offline inc. Cyberbullying + Trolling Personal Identity + Diversity Introduction to Extremism +Radicalisation	Introduction to Healthy living Unit (inc. Nutrition, Exercise + Rest, Healthy Eating) Introduction to Addiction, Drugs + Dangerous Substances (inc. Smoking + Energy Drinks) Puberty, Periods + FGM introductions Mental Health, Depression +Anger Management
Year 8 Autumn	Year 8 Spring	Year 8 Summer
Careers, Skills, Vocational Qualities, + Entrepreneurship Gangs + Crime Finance, Budgeting, Tax + Saving Prejudice + Discrimination LGBT + Disability	Safe Sex Unit–Consent, Contraception, Pornography, Image Sharing, STIs + Sexual Health, Sexting + Body Image Extremism +Radicalisation Unit, Online Predators Tolerance + Anti-Racism lessons Domestic Conflict + Running Away From Home	Wellbeing Unit–Mindfulness, Confidence, Self-Awareness, Emotions + Emotional Literacy Personal Safety + First Aid Cancer Awareness Introduction Vaping, Nicotine and Addiction Pregnancy + Parenting



Internet Safety – Online Dangers + Predators Caring for the Environment introduction		Personal Development, Behaviour, Targets + Goals
Year 9 Autumn	Year 9 Spring	Year 9 Summer
Employability + Workplace Skills  Personal Finance –Avoiding Debt, Navigating Financial Institutions  County Lines  Human Rights + Responsibilities  Law, Knife Crime + Youth Offenders  Self-discipline + Sustainability	Child Sexual Exploitation, Predators + Danger (CSE)  Peer Pressure Unit: Bullying, Body Image + the Media – (unit includes eating disorders)  Domestic Abuse and Conflict, Abusive Relationships  Our Community and Diversity Unit: Exploring the LGBT+ and other UK Communities	Alcohol Awareness, Risks + Dangers Drugs, Substance Abuse + the Law  Mental Health Unit –Stress, Anxiety + Mindset  Vaccinations, Organ, Blood + Stem Cell Donation  Self-Harm Awareness  Behaviour, Achievement Education + Distractions  Personal Safety–Acid Attacks
Year 10 Autumn	Year 10 Spring	Year 10 Summer
Employability, Careers +Workplace Awareness Unit  Rights, Responsibilities + Equality,  Money Laundering  Fake News + Media Awareness  Racism, BLM + Activism  Gangs, Crime + County Lines  The Criminal Justice System	Same Sex and LGBT+ Relationships  Gender and Transgender Identity  Honour-based Violence  Sexism and Gender Prejudice  Forced + Arranged Marriages  Radicalisation Online  Harassment + Stalking	Mental Health Unit inc Social Anxiety  Grief + Bereavement  Social Media + Self-Esteem  Suicide  Binge Drinking  Tattoos + Piercings Awareness  Managing time online



Prejudice and Discrimination	Revenge Porn Conflict Management Parenting + Families	Screen Time Awareness Managing our time effectively and Study Skills Living Sustainably Homelessness
Year 11 Autumn	Year 11 Spring	Year 11 Summer
GCSE Revision + Study Skills Applying to College + University Preparing for Work and Living Independently Internet Safety –The Dark Web + Cybercrime Health + Safety Trade Unions Multiculturalism Globalisation + Sustainability	Different Types of Relationships (inc. LGBT+) types of Committed Relationships Unhealthy Relationships Consent Rape + Sexual Abuse Relationship Break-Ups Forced Marriage Bullying + Body Shaming Sex Waiting for Sex Pleasure + Risk Drugs Alcohol + Sex lessons	Gambling Addiction and Online Gaming Obesity + Body Positivity Pregnancy + Childcare The Importance of Sleep and Relaxation Fertility STIs Menopause Reproductive Health CPR, First Aid Personal Safety + Taking Risks Perseverance and Procrastination



Year 12 Autumn	Year 12 Spring	Year 12 Summer
<p>Apprenticeships, Careers + Employment Options</p> <p>Applying for College or University</p> <p>Personal Statements and Applications</p> <p>Careers in the Core and STEM subjects</p> <p>Computer Literacy + Employment</p> <p>Plagiarism</p> <p>Personal Presentation + Interview Skills</p>	<p>Sex, Relationships + Society Unit (inc. Critical Thinking + Social Justice Issues, Free Speech + Hate Speech)</p> <p>Date Rape + Sexual Assault</p> <p>Honour-based Violence</p> <p>Feminism + Gender-based attitudes</p>	<p>Addiction + Substance Misuse Unit (all classes of drugs inc. prescription)</p> <p>Cosmetic, Plastic Surgery + Aesthetic Procedures</p> <p>Miscarriage, Unplanned Pregnancy + Adoption</p> <p>Importance of Relaxation</p> <p>Sex, Gender and Identity</p>
Year 13 Autumn	Year 13 Spring	Year 13 Summer
<p>Careers – Personal Skills + Qualities Unit inc. Leadership Skills, Personal Branding, Problem Solving.</p> <p>Work Ethic, Motivation, Communication</p> <p>Personal Finance, Pay-day Loans and Financial Risk</p> <p>Renting + Buying–Cars +Homes</p> <p>Pensions and Retirement Plans</p>	<p>Sex, Relationships + Society Unit (inc. Social Media Issues, Call-Out Culture, Online Sub-Cultures)</p> <p>Controlling + Coercive Relationships Readiness for Sex, Sexual Encounters + Emotions</p> <p>Sex in the Media + Body Image</p> <p>Prejudice, Ageism, Cultural Appropriation</p>	<p>Drugs, Drinking, Festivals, Clubbing and Parties</p> <p>Emotional Wellbeing Throughout Life</p> <p>STIs, Clinics, Advice + Sexual Health</p> <p>Healthy Eating, Exercise + Obesity</p> <p>Being a Good Man–Positive + Toxic Masculinity</p> <p>Living with Climate Change</p>